

CUERPO EUROPEO DE SOLIDARIDAD

Infopack: ESC long-term project Colouring your life by volunteering

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Are you young and ready for new experiences? Do you like to be a volunteer? Do you want to improve your English and your Spanish skills at the same time?

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Then you've come to the right place! In AJ Inter your work might not be monotonous. We will pay attention to your ideas and we will be creating new activities together. We're willing to use them in order to create new projects and to reach more young people. The main part of your work is organising activities, for example language clubs, highschool lessons, movie nights, etc. Also, you will work with us on our AJ inter journal, this includes the whole process from deciding its content to the layout and writing of articles.

> We organise various projects during the year (such as Erasmus+ Youth Exchanges and Training courses, etc.). As a volunteer, you will help in the organisation and implementation of these projects. The office is fully equipped. All materials needed to do activities will be provided. Meanwhile, as we cooperate with two NGOs (Oxfam and Madre Coraje), often you will be involved in their events and activities.

Furthermore, you will be in charge of our Facebook, Instagram and TikTok pages. We want from you to create contents for social media. , you will promote our projects and activities as well as Erasmus+, YouthPass and other programmes of the European Union. You will respond to e-mails and create posters, flyers and brochures and edit videos. Lastly, you will participate in the regional youth programmed campaign, create presentations, live videos for social media.

What is AJ Inter?

Asociación Juvenil Inter is a youth association born in 1996, nowadays dedicated to develop youth work professionally.

Our goals are:

-Develop mobility projects. We are experienced in Eramus+ youth programme (and former ones) since 1996.

-Use non formal/informal education.

CÓRDOBA

MÁLAGA

HUELVA

JERE2 \mathbf{A}

CÁDIZ

JAÉN

GRANADA

ALMERÍA

-Foster tolerance & fight against exclusion attitudes (racism, xenophobia...) through intercultural learning.

Promote equality for all.

-Promote sustainability (SDG) & environmentally friendly attitudes.

-Foster active participation of young people in social & democratic level. -European awareness, values & citizenship.

Furthermore, we offer learning opportunities for all young people, prioritizing the unemployed ones, members of the LGBTQ+ community and people from rural areas.

Where is AJ Inter?

Our office is located in Jerez de la Frontera, a city with around 215 000 inhabitants in the western part of Andalucía, close to Cádiz and about one hour away from Seville. It is a beautiful city with a lot of palmtrees and orange trees and many old buildings. The office is located in the "Centro Social Blas Infante". Avenida de Nazaret s/n. From the office to the city center it's around 15 minutes on foot.

Terms of contract

Since 2013 AJ Inter is accredited as hosting and sending organisation and takes part in the European Solidarity Corps. You will work 30 hours per week and working days are Monday to Friday (9:00-14:00 and 1 or 2 days during the afternoon).

You will have two holiday days per month, and they can be kept and used later. The Holidays have to be taken on the following periods: Christmas period (24th December to 14th January), Semana Santa (24th March to 31st March), July and August. You will have a mentor and a supervisor that helps you developing your skills.







Volunteers profile

We are looking for motivated and creative young people, who like to work in international group, who are open-minded, active and willing to share their ideas. You should be willing to work in a team as well as you should be willing to work in international projects. Being flexible concerning the schedule is very important and you should show your own initiative. Also, basic computer and language skills are necessary.







WEATHER

Most of the time the weather is sunny and clear, even in Winter.

In Summer it can be about 30-20 degrees, while in Winter mornings and evenings are cold.

The houses don't have a central heating system and sometimes it is warmer outdoors than indoors.

The weather is very humid and it rarely rains, even in Winter.

SPANISH LIFESTYLE

Be prepared to the slow pace of Spanish lifestyle! People tend to have every meal later than in any other country, for example lunch around 12-15 and dinner after 21. Between meals is very common to snack, especially in the afternoon, when people have "merienda" around 17. For the morning, we suggest you bring snacks to the office (we also have a fridge)!

Keep in mind that the majority of the shops between 14 and 17 are closed, a period in which people rest in the afternoon and also on Sunday shops and supermarkets are generally closed.

The nightlife in Spain is really special and lively. People tend to go out for drinks or clubbing really late, both because of the late time at which the sun sets and, especially in Summer, because of the temperatures.







GENERAL INFORMATION

Our office address is: <u>Centro Social Blas Infante, Av. de Nazaret, S/N, 11406.</u> You can come to the office by bike (provided by us) or on foot.

You will live in a equiped shared appartment with your own bedroom. The other areas as kitchen, living room and bathroom will be shared with your flatmates.

Tap water is drinkable in Jerez, so bringing your own reusable water bottle is recommended!

INSURANCE-HEALTH ISSUES

During your volunteering time, you will have a Henner insurance. We recommend you to carry Henner insurance number in your wallet or download to your telephone. Also, please bring your European Health Card.

If you need to visit a medical place, Henner insurance does not make direct payment.The patient needs to pay upfront and submit the claim to Henner for the reimbursement.

Throughout your stay you will have 2 contact people (a supervisor and a mentor) who will be willing to help you and deal withany kind of issue that may arise.



FIND OUT MORE ABOUT US









