

JOIN US FOR AN LONG TERM VOLUNTEERING ESC IN SANTANDER (SPAIN)



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For further information, don't hesitate to contact us:

movilidad@ser-joven.org

Applicate sending your **CV** to movilidad@ser-joven.org and fill out this **FORM**

WWW.SER-JOVEN.ORG





WE ARE LOOKING FOR

- **2 volunteers** for AMPROS (Cantabrian Association for People with Intellectual and Developmental Disabilities), **from September 2024 to April 2025.**
- Total mobility period: **242 days**

WHAT IS AMPROS?

- An association whose mission is to contribute to improving the quality of life of each person with intellectual and developmental disabilities and their families, as well as to disseminate, defend, claim and promote rights and support, creating opportunities that allow them to achieve their life projects and their full citizenship, based on principles of efficiency in management, innovation, and ethical commitment

VOLUNTEERS' DAILY ACTIVITIES ([CLICK HERE](#))

- The main task of the volunteer is to **accompany** the users during different **free time daily activities** scheduled by the center, for example zumba, walks, games, regional dances, cooking workshops, karaoke, sports activities, gymnastics, hand crafts, theater, camps etc.
- Moreover, the volunteer gets the chance to **take part in special events** organized by Ampros, like Winter Festival, San Valentine's Day, Holiday Program, Summer Camps, weekend activities in a hostel, sports events and festivals..



WHAT IS SER JOVEN?

- Ser Joven is a non-profit organisation formed by a multidisciplinary team of educators, monitors, leisure time animators who, by using their different professional experiences, intend to achieve a common goal: the value of the non-formal education.



VOLUNTEERS' DAILY ACTIVITIES ([CLICK HERE](#))

- In addition to their work in Ampros, the volunteers **collaborate with Asociación Ser Joven** in different educational activities, **meetings and seminars** to promote the ESC program and European projects, workshops, summer and work camps, The volunteer will get to know how the asociacion works and learn about youth work and non-formal education methods.
- The volunteer will also get a chance to contribute to the podcast lead by Ser Joven volunteers, **La Raba Viajera**



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VOLUNTEERS' PROFILE

- Someone who is ready to devote their free time for the **benefit of the people with intellectual and developmental disabilities** in an altruistic way and whose physical and mental condition is compatible with project duties; i.e.
- Someone that **feels comfortable occasionally assisting** users who are less independent in ex. tying their shoes, helping them walk, assisting with personal hygiene and bathroom.
- A person with **no mobility problems** and **motivated enough** (sometimes, the project activities can seem routine),
- Flexible, with sense of **initiative**
- Moreover, the volunteer should be ready to live in a **shared room** with other European volunteers.
- **Work** from Tuesday to Saturday, with an **average of 30-35h** a week. Sunday and Monday are free days.

LEARNING OPPORTUNITIES AND TRAINING:

- The history, aims and functioning of AMPROS as an institution and the different offered services;
- the meaning and importance of voluntary work; techniques of accompaniment to people with intellectual and developmental disabilities;
- types of disabilities.
- Training about Asociación Ser Joven, aims, programmes.

PRACTICAL ARRANGEMENTS:

- **Accommodation** (shared room in a shared flat with other ESC volunteers) with internet WIFI
- **monthly pocket money** (180 euro), **food money** (150 euro)
- **mentor**
- **online Spanish Language Course** for foreigners opportunity to carry out a **personal project**